

**Forest Health Forum**  
**Tuesday 7<sup>th</sup> April 2015 – 7.00-9.00pm**  
**West Dean Centre, Bream**

Present: Lynn Teague - Committee  
Jan Baynham - Committee  
Di Martin – Acting Chair  
Linda Vaughan - Secretary  
Fiona Woodroffe - Crossroads Care  
Hilary Bowen  
Pat Nixon – FVAF  
Peggy Jordan  
Barbara Jenkins  
Jane Lloyd – Village Agent  
Margy Fowler – Locality Manager – Glos Care Services  
Chrissie Johnson – Public Gov. FoD Glos Hospitals Trust  
Clive Elsmore – Coleford TC FoDDC  
Eileen Elsmore – Coleford TC

Apologies: Jenny Green  
Terry Hale  
Caroline Smith  
Albert Weager  
Lena Maller

1. **Welcome and Introductions:** Di Martin stood in as Chair for Albert Weager who is on holiday. She welcome everyone and introduced our speaker, Fiona Woodroffe from Crossroads Care.

**2. Speaker - Fiona Woodroffe – Crossroads Care**

Fiona gave a very informative talk about the work that Crossroads do and the way their services have expanded to meet need. There are 23 million unpaid carers in the UK and this has a huge impact on them financially and socially. Carers Gloucestershire will do assessments to see what can be done to help from the aspect of what the impact would be if the Carer were not there. They can provide breaks for the Carer of normally 2 hours.

The services are provided either privately or through Gloucestershire County Council Social services who do their own assessment and calculation of entitlement.

Services include:

- Domiciliary Care
- Palliative Care
- Carers Respite
- Carers Events – e.g. lunches. There is a programme of events throughout the year.
- Active living – at Foxes Bridge – include quizzes, games, music, craft, cookery and exercise.
- Dementia Day – Mondays 10.00am to 1.00pm at Foxes Bridge
- Young Carers group
- Autism Group – Skills club for high functioning young people with autistic spectrum disorders.
- Pub Club for gentlemen - who otherwise are reluctant to access the services on offer.

There is a carer's emergency scheme which provides a card with contact details so that when things go wrong there is help available.

Fiona handed out leaflet packs and more information can be obtained via the website

[www.crossroadsfd.org.uk](http://www.crossroadsfd.org.uk)

Tel: 01594 823414

Email – [Hayley@crossroads.org.uk](mailto:Hayley@crossroads.org.uk)

Carers Gloucestershire

[carersgloucestershire.org.uk](http://carersgloucestershire.org.uk)

Tel: 0300 111 9000

### **3. Notes of March 2015 meeting**

With reference to the Kings Fund report it was agreed that we need clarification as to the statement that we need to avoid "falling into traps".

Linda will liaise with Albert over this and try to establish what these "traps" might be.

Defibrillator training will be available at Lydney on Monday 13<sup>th</sup> April at Goode Court from 2.30 to 4.30pm followed by a session at Cinderford Town Council from 6.30 – 8.30pm.

Please let FVAF know if you would like to attend.

Tel: 01594 822073

### **4. News Updates and correspondence**

- Healthwatch Report – Margy Fowler agreed to ask for the timescale for review of outpatient services.
- Healthwatch are looking for volunteers on their Reader Panel to review their leaflets in public information. Tel 0800 652 5193
- South Western Ambulance Service NHS Trust will be the provider for the Gloucestershire Out of Hours service from 1<sup>st</sup> April 2015. Access to the service will be the same.
- Mobile Chemotherapy – Frank Harsent has replied to say that there are not always enough patients to hold the chemotherapy sessions at Dilke every week. This will be revisited to ensure that the funding provided by the Hope for Tomorrow Charity is being properly utilised.
- Clinical Commissioning Group to have greater commissioning responsibilities from April 2015 – this means that services formerly commissioned by Primary Care Services will be delegated to the CCG.

### **5. Treasurers Report**

There is an approximate balance of £491.91. Exact balance will be provided at the next meeting when the treasurer returns.

### **6. AOB**

Mr Elsmore reported that there is still a chance to influence the decision over bus services as part of the County Council Integrated transport review.

### **7. Next meeting: Tuesday 5<sup>th</sup> May 2015**