

**Forest of Dean Health Forum**  
**West Dean Centre, Bream**  
**Tuesday 3<sup>rd</sup> May 2016– 7.00-9.00pm**

**Minutes**

**Attendees:**

Linda Vaughan – Secretary	Albert Weager – Chair
James Spiers - Treasurer	Doug Battersby
Barbara Jenkins	Mary Thurston – Friends of Lydney Hospital
Di Martin – Cinderford TC	Lynn Teague -CAB
Hilary Bowen – Governor Barnwood Trust	Bob Rhodes – Ruspidge & Soudley PC
Mary Matthews	Tim Fretter – FVAF
Jane Macbean – Coleford HC PPG	Margy Fowler – Head of ICTS. GCS NHST
Chrissie Johnson – Patient Governor	

**1. Welcome and Introductions**

**2. Elisha Kyne – Red Cross**

**Adult Education Co-ordinator, British Red Cross.**

Elisha gave a presentation about the work the Red Cross does to encourage people to have **Everyday First Aid** training. The courses are for people who are most at risk of illness or injury and they want to train more people to feel confident about doing first aid, as their research show that a large percentage of adults, for various reasons, would not necessarily intervene if they came across someone who needed help.

The have looked at traditional training and have decided to take a different approach from the usual teaching and testing training methods. The training will:

- Deal with the most common first aid emergencies
- Help people to feel their confidence grow straight away
- Keep everything simple – to help people remember what to do
- Connect with everyday lives
- Be flexible as it can be delivered in short sharp bits or a single session

The training can be tailored to groups with specific needs e.g learning disabilities, physical disabilities, as well as to individuals and organisations.

The cost of the training is normally about £180 for two hours with a maximum of 20 people but there is some funding available to support the training if necessary.

There is much more information on the website including a FREE online Everyday First Aid learning resource.

<http://www.redcross.org.uk/What-we-do/First-aid/Everyday-First-Aid>.

There is also a smart phone App

<http://www.redcross.org.uk/What-we-do/First-aid/Everyday-First-Aid/Mobile-app>

or search your App store for

[First Aid by the British Red Cross](#)

A copy of the presentation is attached with the minutes

The members were invited to comment and ask questions and one observation was that it would be sensible if this training were imbedded as part of health care, to assist with the policy of preventing accidents and injuries and thus reducing the cost to the emergency services.

### 3. Apologies

Lynn Sterry, Roger Sterry, Fiona Woodroffe, Caroline Smith, Stephanie Bonser, Dr Peter Jackson, Roger James, Peggy Jordan

### 4. Matters Arising

Hilary Bowen clarified that the present to Dr Frank Harsent did not come out of Forum funds but was a private gift from some of the committee to thank him for his support over the years.

Hilary stated that she was still not assured that patients are given information in a clear and understandable way. Jane Macbean replied that hospital staff try incredibly hard to make sure patients understand and have lots of literature available to give to patients to take home to help them with their aftercare.

Barbara Jenkins reiterated that at the Open Forum she did not feel she had a satisfactory answer to her question and concern over communication.

Chrissie Johnson said that patient information is something she could look at in her role as Public Governor.

### 5. News Updates and correspondence

Linda went through a list of forthcoming events including:

- New opening times for CAB and venue change in Coleford to Tourist Information Centre.
- Sixteen Lunch Club – Mondays 12.0 – 2.30pm - £5 for Main Course, Dessert, tea, coffee or squash.
- Rollercoaster – Peer-led mental health support group, Every Tuesday 1-3pm at Lords Hill  
**contact 07471 785068**
- Learning Disabilities Big Health Check and Open Day with Launch of the Special Olympics – Weds 25<sup>th</sup> May at Plock Court, Gloucester
- Dementia Awareness Roadshow – Forest of Dean – 15<sup>th</sup> to 26<sup>th</sup> May  
**Contact Lena Maller 01594 812609 to book a place.**
- Positive Caring –Mental Health Issues – Colliers Court starting 30<sup>th</sup> June  
**Call 01452 500885**
- Forest of Dean Carers' Forum – 6<sup>th</sup> July at Cinderford Rugby Club

## **6. Chair's report**

The chair had attended several meetings including one about the Developments with the Cross Border problems. It would appear that many difficulties have been sorted out and patients living in England with a Welsh GP will have access to English services from July 1<sup>st</sup>. In the meantime patients will be sent information about the referral process and the new arrangements. There are also three drop-in meetings scheduled.

Report attached as an addendum.

## **7. Treasurers Report- Balance £945.01**

We have also had confirmation of a grant of £350 from the Co-op Community fund towards the cost of our July event.

## **8. Members Reports**

Cinderford council have raised concerns about the length of time patients have to wait to collect their prescription from the two local pharmacies. This is being looked at by the CCG.

There is a public lecture in Collaboration with the University of Gloucestershire on Weds 18<sup>th</sup> May at 6.00pm in the Lecture Room TC014 – Elwes Building , University of Gloucester, The Park, Cheltenham GL50 2RH. The lecture will look at the effect research has had on advances in medical care.

## **9. Future meetings:**

The next meeting will be on Tuesday 7<sup>th</sup> June and we are hoping that the Children and Young People's mental health services will talk to us but this has not been confirmed.

**The planning for the July Health and Care Event is well underway and has had a good response from Prospective attendees.**

**Saturday July 2<sup>nd</sup> at 11.00am at Lydney Community Centre**

## **10. AOB**

## Chair's Report to the Forest of Dean Health Forum 030516

- Attended the official re opening of the refurbished Forest Mental Health Hub at Colliers Court, Cinderford. (060416)
- A tour was given and the new facility was very impressive on all counts.
- 'Tourists' were surprised to learn that children as young as two years of age, are referred in for assessment and treatments.
- Attended a meeting of Glos. Systems Resilience Group (120416)
- Concerns were expressed about ambulance handover times, locally and nationally. Some 90 hours of ambulance time were lost in the previous month.
- Concerns continue about waiting times, particularly at the |GRH.
- A wide ranging action plan is in place to address this ongoing problem. SWIFT – Six Week Improvement to Flow and Transfer action plan.
- A four hour Recovery Plan is also in place but some key milestones await achievement.
- Met with secretary, Linda Vaughan, to discuss FHF affairs. (120416)
- Attended a meeting, hosted by our secretary, with Ellen Rule, Director of Transformation and Redesign, at the CCG and Magda Davis, local GP working with Ellen. (150416)
- We met to discuss the desire to see the operating theatre at Lydney hospital functioning once more.
- This was their declared objective also and they are discussing with the new Chief of Surgery at GHFT to see which services can come to Lydney.
- Timescale for update 6-8 weeks.
- Discussed this with League of Friends chair prior to the meeting and afterwards.
- In the meantime, and, hopefully related GCS has been asked to submit, to the CCG, details of current equipment and services at community hospitals.
- Attended, with our secretary, the Cross Borders meeting at St. Briavels, arranged by Action4 Our Care. (160416)
- Very good meeting. It seems many difficulties have at last been sorted out.
- New secondary care referral process, with choose and book element, should go live on July 1<sup>st</sup>.

- Went to Lydney Community Centre, with Treasurer, Jim Spiers as part of the preparation for July 2<sup>nd</sup> event. (220416)
- Attended Forest Locality Reference with our secretary. (270416)
- Meeting addressed by Mark Branton, Deputy Head, of Adult Social Care, GCC.
- Impression given that greater integration of health/care, is happening, within the context of a five year plan.
- The CCG's programme of engagement continues.
- Committee working lunch to review Open Forum, discuss arrangements for July 2<sup>nd</sup>. (Volunteers needed) and complete some matters of Forum business. (280416)
- Attended farewell 'do' for retiring CCG chair, Helen Miller, at Sanger House. (280416)

Albert Weager Chair 030516