

Forest of Dean Health Forum
West Dean Centre, Bream
Tuesday 6th February 2018 – 7.00-9.00pm

Minutes

Present:

Albert Weager – Chair	Jim Spiers – Treasurer
Di Martin - FODDC/Cinderford TC	Caroline Smith – NHS Glos CCG
Mary Thurston – Friends LDH	Stephen Longton – Friends LDH
Hilary Bowen – FOD Gov 2Gether NHS Trust	Doug Battersby
Eileen Elsmore – Coleford TC	Clive Elsmore – Coleford TC & FODDC
Jackie Jenkins – Glos Care Services & FOD ICT	
Lynne Sterry	

1. Welcome and Introductions

The Chair, Albert Weager was welcomed back after his period of absence following his accident. He welcomed the members and our speakers from the Barnwood Trust.

- Penny Hulbert – Forest of Dean Marketing Coordinator
- Dede Liss - Welcomer who visits disabled people and people with mental health problems in their own homes.

2. Speakers: – The Barnwood Trust – A Charity which provides integrated services to meet the needs of people with disabilities and mental health issues in Gloucestershire. Its vision is to create the best possible environment for disabled people and people with mental health problems to make the most of their lives.

The speakers explained how the Barnwood Trust had been established over 200 years ago to support people with mental health problems. An innovative and philanthropic Mental Health Hospital was opened and has now evolved to become charitable foundation which derives its income from a portfolio of investments. The Board of Trustees and team of employees not only give grants but build relationships and provide opportunities for people to take control of their lives.

The type of grants given include:

Projects, Trips and Equipment

- Small Sparks grant to help fund start-up costs or equipment for community projects such gardening, books, games, musical instruments etc.
- Family Leisure Grant – helps fund day trips and leisure activities for the family.

- Opportunities Award – for training or equipment that may help towards a job, volunteering or setting up a new business.
- Wellbeing Fund - helping with day-to-day needs such as household appliances, mobility scooter, riser-recliner chair or even a holiday.

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3. Apologies:

Peggy Jordan, Linda Vaughan, Lynne Teague, Katie Norton

4. **Matters_Arising** – minutes of the December meeting were agreed and signed off.

5. **News Updates and correspondence - nil**

6. **Chair's report** – Albert hopes to be back in action very soon and will continue his work as our representative on various boards.

7. **Treasurers Report** - Balance as at 3rd December 2017 - £1018.90

2nd January 2018 - £834.35

23rd January 2018 - £800.35

8. Members Reports and Questions

Future of Local Community Hospitals – Caroline Smith gave an update on consultation process and the next steps for the future of our hospitals and answered members' questions.

9. **Future meetings:** The next meeting will be on Tuesday 6th March and our Speaker will be Shaun Stammers - Community Facilitator for FVAF working specifically on a Cinderford Health & Well-being project.

The project is entitled Cinderford Health & Well-being and is funded by the CCG to look at community based approaches to improving personal health & wellness.

10.AOB