

**Forest of Dean Health Forum
West Dean Centre, Bream
Tuesday 2nd April 2019 - 7.00-9.00pm**

Minutes

Present:

**Albert Weager - Chair
Ruth Wadley - Newent TC
Jackie Jenkins - GCS
Di Martin - Cinderford DC
Lynn Teague - Committee**

**Linda Vaughan - Secretary
Neil Moffat - GCS
Gail Pasquale - GCS
Barbara Jenkins - Public
Chrissie Johnson - Public**

Welcome and Introductions.

Speakers:

Complex Care at Home - Preventative and Proactive Health and Wellbeing support.

Guest Speakers: Gail Pasquall and Jackie Jenkins - Gloucestershire Care Services

Jackie Jenkins introduced this pilot and explained how it is linked with the existing Adult Community Home Based Care and Support, which involves the integrated community team, complex home support, community partners, 2Gether NHS Trust, GRH and Adult Social Care.

Gail explained how the Complex Care at Home service works for people with multiple long term conditions and risk factors.

This is a new approach to the delivery of care which links with the proactive and preventative care at the heart of the NHS 10 year plan. There is a multi-professional team within the preventative arm of Gloucester/Cheltenham and Forest of Dean Integrated Care Teams. There is close collaboration within the teams which will also avoid duplication of work.

The aims of the Service are:

- To support self-management and improve independence and self-management for patients with complex health conditions and/or frailty.
- Better support for patients to remain at home.
- Identification of people through a predictive risk stratification model and/or clinical judgement.
- Case management and care co-ordination by a community matron.
- Multidisciplinary preventative care at home.

Referral Criteria and Exclusions:

- Aged >18 years of age

- Has reduced personal resilience due to increased frailty, social isolation, loneliness, bereavement or other social circumstances.
- Has an achievable goal

Exclusions:

- Unwilling or unable to engage in health coaching and goal planning.
- Substance misuse.
- Under the care of acute or ongoing mental health service for complex mental health.
- End of Life or severely frail.

Patients identified for the service will have support for at least 12 weeks and this can be extended if necessary.

Some case studies were shown to illustrate how the service can work.

More details can be found in the attached presentation.

Apologies: Doug Battersby, Hilary Bowen, James Spiers, Cheryl Haswell, Friends of LDH, Caroline Smith, Peggy Jordan.

1. Matters Arising from minutes of March 2019

2. News Updates and correspondence

3. Chair's report

- Albert attended a meeting in Lydney to look at the health provision needs in the area, taking into consideration the increase in housing and the location of the new hospital. He stressed the importance of care close to home. Barbara reminded the meeting of the problems with transport in the Forest.
- Joining up Your Information is a Gloucestershire Shared Care Record System which gives doctors, nurses and allied health and social care professionals better access to key information. This means that if you are in hospital there will be access to details held by other local NHS Trusts and social care teams so that they have a better and more complete picture of your care.

Albert had attended several meeting which are listed in the attached report.

4. Treasurers Report - £1007.10

5. Members Reports and Questions

6. Future meetings:

May - Paul Roberts - Joint Chief Exec Care Services and 2Gether Trusts

June - Healthwatch

July - Linda to ask Great Oaks, Maggies and Charlies if they would like to do a joint presentation on the services they provide.

7. AOB

Chair's Report to Forest of Dean Health Forum 02042019

- 070319 Attended a meeting of Lydney GPs and Friends of Lydney Hospital to consider issues around healthcare sustainability in the Lydney area.
- 1903 visit to GRH to walk through pathway from ED for patients needing further assessment. Visited the Acute Medical Initial Assessment unit (AMIA).
- New Chief Operations Officer for GRH, experienced female former consultant.
- 200319 A&E Delivery Board Sanger House.
- 250319 Sarah Scott, PHE Director for Gloucestershire came down to see me at Bells, to tell me about population health management.
- 260319 Attended Great Oaks AGM with Forum Secretary.
- 300319 Attended NHS Long Term event at Sanger House. Took Judy Gazzard. This was a follow up to March Forum presentation.

Albert Weager Chair 02042019